

Açaí Berry Breeze
(Lite)
(Dairy Free)

Bahama Colada
(Lite)
(Dairy Free)

Oasis
(Lite)
(Dairy Free)

Mango Tango
(Lite)
(Dairy Free)

**Strawberry Banana
Calypso**
(Lite)
(Dairy Free)

**Watermelon Mango
Sunrise**
(Lite)
(Dairy Free)

ISLAND SMOOTHIE FRUIT BLEND

OASIS

Strawberry, Banana, Orange, Coconut, Non-fat Vanilla Greek Yogurt

	Small 16 oz.	Regular 24 oz.	Avalanche 32 oz.
CALORIES	280	428	561
FAT CALORIES	3	5	7
TOTAL FAT (g)	1	1	1
SAT. FAT (g)	0	0	0
TRANS FAT (g)	0	0	0
CHOLEST (mg)	1	2	3
SODIUM (mg)	13	20	25
TOTAL CARB. (g)	73	111	145
DIETARY FIBER (g)	2	2	3
SUGARS (g)	64	98	129
SUGAR ALCOHOL (g)	2	3	4
PROTEIN (g)	2	3	4
VITAMIN C	82%	130%	165%
VITAMIN A	1%	1%	2%
CALCIUM	3%	4%	6%
IRON	2%	2%	3%

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