

ISLAND SMOOTHIE CREAM BLEND

DREAMSICLE DELIGHT SMOOTHIE

Dreamsicle blend, vanilla ice cream, whipped cream & cherry

	Small 16 oz.	Regular 24 oz.	Avalanche 32 oz.
CALORIES	415	617	820
FAT CALORIES	87	123	174
TOTAL FAT (g)	10	14	20
SAT. FAT (g)	7	9	13
TRANS FAT (g)	0	0	0
CHOLEST (mg)	36	54	72
SODIUM (mg)	67	101	134
TOTAL CARB. (g)	83	126	164
DIETARY FIBER (g)	0	0	0
SUGARS (g)	82	125	163
SUGAR ALCOHOL (g)	0	0	0
PROTEIN (g)	5	7	10
VITAMIN C	0%	0%	0%
VITAMIN A	6%	9%	12%
CALCIUM	15%	23%	30%
IRON	0%	0%	0%