

ISLAND SMOOTHIE CREAM BLEND

S'MORE SMOOTHIE

Toasted marshmallow blend, Graham Cracker Crumbs, Ghirardelli® milk chocolate chips, Vanilla ice cream, Whipped cream & Cherry

	Small 16 oz.	Regular 24 oz.	Avalanche 32 oz.
CALORIES	533	767	1056
FAT CALORIES	87	123	174
TOTAL FAT (g)	16	22	32
SAT. FAT (g)	9	13	18
TRANS FAT (g)	0	0	0
CHOLEST (mg)	41	62	82
SODIUM (mg)	232	321	463
TOTAL CARB. (g)	98	142	193
DIETARY FIBER (g)	0	0	0
SUGARS (g)	83	123	165
SUGAR ALCOHOL (g)	0	0	0
PROTEIN (g)	7	10	14
VITAMIN C	0%	0%	0%
VITAMIN A	6%	9%	12%
CALCIUM	15%	23%	30%
IRON	5%	6%	9%