



NUTRITIONAL GUIDE



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SHAVED ICE (SNO®) FLAVORS

TROPICAL TOPPINGS

BASES & MIXES

BAG-IN-BOX

INGREDIENTS

SHAVED ICE (SNO®) FLAVORS

SHAVED ICE (SNO®) FLAVORS

Water, pure cane sugar, artificial and natural flavorings, citric acid, sodium benzoate (as preservative), and may contain one or more of the following: yellow 5, red 40, and blue 1.

SHAVED ICE (SNO®) SUGAR-FREE THIN ICE® FLAVORS

Water, dextrose, artificial sweeteners, Stevia, artificial and natural flavorings, citric acid, sodium benzoate (as a preservative), xanthan gum, may contain one or more of the following: yellow 5, red 40, and blue 1.

Shaved Ice flavors without artificial dye include: Natural Coconut, Natural Guava, Natural Lemon, Natural Mango, Natural Pineapple, Natural Watermelon, Birthday Cake, Cheesecake, Coconut Cream Pie, Jamaican Rum, Piña Colada, Wedding Cake, White Bomb Pop®, and White Coconut.

INGREDIENTS

TROPICAL TOPPINGS

Caramel: Corn syrup, water, high fructose corn syrup, sugar, nonfat milk, heavy cream, salt, natural flavor, pectin, disodium phosphate

Chamoy: Water, corn starch, citric acid, iodized salt, chili powder (chili pepper 2% or less of silicon dioxide), artificial color FD&C red #40, .01% sodium benzoate as a preservative.

Chili Salt: Chili pepper, salt, sugar, citric acid, calcium stearate.

Chocolate Creme: High fructose corn syrup, water, hydrogenated vegetable oil (palm, palm kernel, coconut and/or cottonseed), cocoa alkali processed, corn syrup, contains less than 2% of the following: *sodium caseinate (a milk derivative), soy protein concentrate, polysorbate 60, sugar, carbohydrate gum, salt, polyglycerol esters of fatty acids, to preserve freshness (potassium sorbate), artificial flavor, xanthan gum.

Chocolate Ice Cream: Milk, cream, skim milk, sugar, high fructose corn syrup, cocoa (processed with alkali), cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt.

Cinnamon Sugar: Sugar, ground cinnamon.

Condensed Milk: Milk, sugar.

Dark Chocolate Sauce: High fructose corn syrup, hydrogenated vegetable oil (palm, palm kernel, coconut and/or cottonseed), water, cocoa alkali processed, corn syrup, contains less than 2% of the following: *sodium caseinate (a milk derivative), colored with (caramel color), soy protein concentrate, polysorbate 60, sugar, carbohydrate gum, natural and artificial flavor, artificial color (red 40, blue 2, yellow 5, yellow 6, blue 1), salt, polyglycerol esters of fatty acids, soy lecithin, to preserve freshness (potassium sorbate), xanthan gum.

Maraschino Cherries: Cherries, water, high fructose corn syrup, corn syrup, citric acid, artificial flavor, preserved with sodium benzoate and potassium sorbate, red 40, sulfur dioxide (preservative).

No Sugar Added Vanilla Ice Cream: Milk, skim milk, polydextrose, cream, sorbitol, maltodextrin, cellulose gel, cellulose gum, vegetable gums (guar, carrageenan, carob bean), natural and artificial flavor, soy mono- and diglycerides, high intensity sweeteners (may contain one or more of the following: sucralose, aspartame, acesulfame potassium), annatto color, vitamin A palmitate.

Non-Dairy Whipped Cream: Water, partially hydrogenated palm kernel oil, sugar, contains less than 1%: sodium caseinate (a milk derivative), polysorbate 60, mono and diglycerides, artificial flavor, sorbitan monostearate, disodium phosphate, hexaglyceryl distearate, carrageenan, beta carotene (color), propellant: nitrous oxide.

Pickles: Cucumbers, water, distilled vinegar, salt, high fructose corn syrup, calcium chloride, natural flavors, polysorbate 80, yellow 5.

Sour Patch® Sauce: Powdered sugar, soybean oil, sugar, citric acid, coconut oil, red 40 lake, natural and artificial flavors, mono and diglycerides and soy lecithin.

Sour Sand™: Sugar, citric acid.

Sprinkles: Sugar crystals, red 3, blue 1, yellow 5.

Strawberry Ice Cream: Milk, cream, sugar, skim milk, strawberries, high fructose corn syrup, corn syrup, citric acid, cellulose gum, vegetable gums (guar, carrageenan, carob bean), artificial color (includes red 40, red 3, blue 1), natural and artificial flavor, annatto color, caramel color.

Tropic Creme: Water, high fructose corn syrup, hydrogenated coconut oil, partially hydrogenated palm kernel oil, contains less than 2% of the following: carbohydrate gum, sugar, polysorbate 60, polyglycerol esters of fatty acids, salt, sodium alginate, soy lecithin, artificial flavor, sodium citrate, natural flavor, colored with turmeric and annatto extracts.

Tamarind Straw: Hawthorn apple, quince, sugar, corn syrup, chili, salt, citric acid, sodium benzoate (as preservative), artificial tamarind flavor, FD&C Red #40, maltodextrin, soy, xanthan gum.

Vanilla Ice Cream: Milk, cream, sugar, skim milk, high fructose corn syrup, natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt, annatto color.

INGREDIENTS

BASES & MIXES

AÇAÍ POWDER: Organic Açaí powder

DOUBLE CHOCOLATE FRAPPÉ MIX: Sugar, cocoa--processed with alkali, nonfat milk powder, partially hydrogenated coconut oil, corn syrup solids, sodium caseinate (a milk derivative), contains 2% or less of cellulose gum, xanthan gum, maltodextrin, dipotassium phosphate, propylene glycol esters of fatty acids, mono and diglycerides, silicon dioxide, salt, soy lecithin (as an emulsifier), carrageenan, natural and artificial flavors-- contains dairy, cinnamon, artificial color.

FROZEN LEMONADE/LIMEADE MIX: Water, pure cane sugar, ethyl alcohol, natural flavor, salt, mixed tocopherols, sodium benzoate (as a preservative).

FROSTALATTÉ BASE: Whole milk, water, sugar, coffee, potassium sorbate.

NONFAT VANILLA GREEK YOGURT: Cultured grade a nonfat milk, water, cane sugar, corn starch, contains less than 1% of natural flavors, lemon juice concentrate, carob bean gum, vegetable juice (for color), vitamin D3.

SUGAR FREE BASE: Water, dextrose, artificial sweeteners, Stevia, sodium benzoate (as a preservative), xanthan gum.

INGREDIENTS

BAG-IN-BOX

COCONUT BIB

Water, pure cane sugar, citric acid, liquid sodium benzoate (as a preservative), natural coconut flavor.

MANGO BIB

Water, pure cane sugar, citric acid, liquid sodium benzoate (as a preservative), natural mango flavor, yellow 5, red 40.

ORANGE BIB

Water, pure cane sugar, citric acid, liquid sodium benzoate (as a preservative), natural orange flavor, yellow 5, red 40.

PINEAPPLE BIB

Water, pure cane sugar, citric acid, liquid sodium benzoate (as a preservative), natural pineapple flavor, yellow 5, red 40.

STRAWBERRY BIB

Water, pure cane sugar, citric acid, liquid sodium benzoate (as a preservative), natural strawberry flavor, red 40.

BAHAMA BUCK'S

NUTRITIONAL NOTES

The nutritional and allergen information Bahama Buck's® has provided is based on standard product formulations. Since all Shaved Ice (Sno®), Island Smoothies, Lemonades, Frozen Café Favorites, Bahama Sodas, and Bowls are made to order, the nutritional content may vary slightly from the information provided here. Some of the listed items may not be available in all shops.

Shaved Ice flavors without artificial dye include: Natural Coconut, Natural Guava, Natural Lemon, Natural Mango, Natural Pineapple, Natural Watermelon, Birthday Cake, Cheesecake, Coconut Cream Pie, Jamaican Rum, Piña Colada, Wedding Cake, White Bomb Pop®, and White Coconut.

All milk-based beverages contain whole milk. Reduced calories substitutions may be available upon request. Please ask an Avalanche Crew Member for more details.

Individual franchise owners and operators may substitute Pepsi-Cola® in place of Coca-Cola® products.

For further information contact the Bahama Buck's Support Center at 1 (888) 382-8257.